Examples of additional care and services

Offered at the resident's choice

In Les Résidences Soleil, we offer you the flexibility to quickly meet your changing needs, in the privacy of your apartment. Our wide variety of treatments and services will allow you to maintain and extend your autonomy as long as possible. We operate using an «À la carte» treatment grid rather than hours of treatment, so you only pay for what you need when you need it. A medical desk and care staff are also on site 24/7 in order to respond, free of charge, to any emergency.

| Meal schedule for the dining room, Breakfast: 7:30 am to 9:00 am, Lunch: 11:30 am to 13:00 pm, Supper: 16:30 pm to 18:00 pm | | | | | | | | |
|---|---|--------|-----|------------|-------------|-------------|----------|----------|
| | Food | | Mo | nthly cost | At the apt. | Monthly | Tenant 1 | Tenant 2 |
| | 3 meals | | | \$832,00 | | | | |
| | 2 meals | | | \$ 750,00 | | | | |
| | 1 meal | | | \$ 422,00 | | | | |
| | Breakfast | | | \$ 246,00 | | | | |
| | 1 meal + Breakfast | | | \$641,00 | | | | |
| | Tray delivered to autonomous or care apart. 1x /day | | | | \$ 8,24 | \$ 247,20 | | |
| | Food order via phone or intercom 1x /day | | | | \$ 1,55 | \$ 46,50 | | |
| | Reminder for meals via intercom 3x /day | | | | \$ 3,61 | \$ 108,30 | | |
| | Nursing (material and medication not included) | At the | | Monthly | At the apt. | Monthly | Tenant 1 | Tenant 2 |
| | Follow-up of medical files and control of dispill/control of INR (anticoagulant medication) | | | | | \$ 30,24 | | |
| | Medication 1x /day (dispill) | \$ 3, | ,55 | \$ 106,50 | \$ 4,52 | \$ 135,60 | | |
| | Medication 2x /day(dispill) | \$7, | ,01 | \$210,30 | \$ 8,95 | \$ 268,50 | | |
| | Medication 3x /day (dispill) | \$ 10, | ,55 | \$ 316,50 | \$ 13,44 | \$ 403,20 | | |
| | Medication 4x /day (dispill) | \$ 14, | ,09 | \$ 422,70 | \$ 17,96 | \$ 538,80 | | |
| | Medication 5x /day (dispill) | \$ 17, | ,63 | \$ 528,90 | \$ 22,45 | \$ 673,50 | | |
| | Dry dressing (1) with doctor's prescription | \$ 11, | ,58 | \$ 347,40 | \$ 12,54 | \$ 376,20 | | |
| | Insulin 1x /day | \$ 6, | ,81 | \$ 204,30 | \$ 9,07 | \$ 272,10 | | |
| | Insulin 2x /day | \$ 13, | ,61 | \$408,30 | \$ 18,15 | \$ 544,50 | | |
| | Insulin 3x /day | \$ 20, | ,42 | \$612,60 | \$ 27,22 | \$ 816,60 | | |
| | Insulin 4x /day | \$ 27 | 22 | \$ 816,60 | \$ 36,29 | \$ 1 088,70 | | |
| | I I I Sull 1 4x /uay | \$ 27 | ,22 | ♥ 6 10,00 | \$ 30,29 | + 1 000,70 | | |

RS-514-WA (21/12/2023)

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At Les Résidences Soleil, we serve meals freshly cooked on site by our chefs and their team every day of the year. Our seasonal menus are all composed of 5 distinct weeks, offering a very wide variety of choices.

Examples of additional care and services

Offered at the resident's choice

| Nursing (material and medication not included) | At the office | Monthly | At the apt. | Monthly | Tenant 1 | Tenant 2 | |
|--|---------------|-----------|-------------|-------------|----------|----------|--|
| Glycemia 1 x | \$ 4,95 | \$ 148,50 | \$ 7,87 | \$ 236,10 | | | |
| Glycemia 2 x | \$ 9,91 | \$ 297,30 | \$ 15,70 | \$ 471,00 | | | |
| Glycemia 3 x | \$ 14,86 | \$ 445,80 | \$ 23,55 | \$ 706,50 | | | |
| Glycemia 4 x | \$ 19,82 | \$ 594,60 | \$ 31,38 | \$ 941,40 | | | |
| Glycemia 5 x | \$ 24,76 | \$ 742,80 | \$ 39,25 | \$ 1 177,50 | | | |
| Pump (inhaler) | \$ 6,43 | | \$ 9,02 | | | | |
| Cream 1 x /day | \$ 5,15 | | \$ 6,63 | | | | |
| Eye drops 1x /day | \$ 5,15 | | \$ 6,63 | | | | |
| Patch per request | \$ 5,15 | | \$ 6,63 | | | | |
| Stoma care (collerette change) | | | \$ 21,55 | | | | |
| Change or empty collection bag / each time (bags not included) | | | \$ 10,30 | | | | |
| B12 preparation/injection (med not included) | \$ 13,61 | | \$ 17,01 | | | | |
| Enema | | | \$ 28,94 | | | | |
| Footbath | \$ 7,40 | | \$ 10,30 | | | | |
| Elastic bandages (put on/take off) | | | \$ 10,30 | \$ 309,00 | | | |
| Blood pressure (taking) | \$ 7,40 | | \$ 10,29 | | | | |
| Suppository | | | \$ 10,21 | | | | |
| Ear washing (medical prescription required) | \$ 15,75 | | \$ 18,66 | | | | |
| Call Pharmacy for delivery | \$ 7,40 | | | | | | |
| Sub-total p.2 | | | | | | | |

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Because the need may arise at any time, you can schedule a visit every day of the year between 9 a.m. and 5 p.m. even on weekends, with no commitment on your part. You can also request a visit outside regular hours.

Examples of additional care and services Offered at the resident's choice

| | Surveillance | At the office | Monthly | At the apt. | Monthly | Tenant 1 | Tenant 2 |
|---------------|--|---------------|-----------|-------------|-------------|----------|----------|
| | Via intercom | | | \$ 2,52 | \$ 75,60 | | |
| | Night visit 1x/day | | | \$ 7,97 | \$ 239,10 | | |
| | Hygiene | At the office | Monthly | At the apt. | Monthly | Tenant 1 | Tenant 2 |
| | Partial washing | | | \$ 19,28 | | | |
| | Complete bath 1 x /week (cream, comb, perfume provided by the resident) | | | \$ 28,94 | \$ 125,41 | | |
| | Therapeutic bath 1 x /week (cream, comb, perfume provided by the resident) | \$ 39,70 | \$ 172,03 | | | | |
| | Help dressing 1 x /day | | | \$ 9,27 | \$ 278,10 | | |
| | Help undressing 1 x /day | | | \$ 9,27 | \$ 278,10 | | |
| | Support stocking (put on and take off) | | | \$ 14,75 | \$ 442,50 | | |
| | Support stocking (put on or take off only) | | | \$ 10,37 | \$ 311,10 | | |
| | Oral hygiene 1 x /day | | | \$ 6,75 | \$ 202,50 | | |
| | Beard shaving (electric shaver provided by the resident) | | | \$ 6,75 | \$ 202,50 | | |
| | Nails hands only (cut and file) Material provided by the resident | | | \$ 7,94 | | | |
| | Incontinence briefs change 1 x /day (material not | included) | | \$ 12,54 | \$ 376,20 | | |
| | Incontinence briefs change 2 x /day (material not included) | | | \$ 25,09 | \$ 752,70 | | |
| | Incontinence briefs change 3 x /day (material not | included) | | \$ 37,62 | \$1 128,60 | | |
| | Incontinence briefs change 4 x /day (material not | included) | | \$ 50,19 | \$ 1 505,70 | | |
| | Morning routine | At the office | Monthly | At the apt. | Monthly | Tenant 1 | Tenant 2 |
| | Making bed | | | \$ 4,84 | \$ 145,20 | | |
| | Accompany to toilet 1 x /day | | | \$ 8,37 | \$ 251,10 | | |
| | Basin 1 x /day | | | \$ 8,37 | \$ 251,10 | | |
| | Put on earing aid 1 x /day | | | \$ 3,40 | \$ 102,00 | | |
| | Empty garbage 1 x /day | | | \$ 3,40 | \$ 102,00 | | |
| | Night Time routine | At the office | Monthly | At the apt. | Monthly | Tenant 1 | Tenant 2 |
| | Undoing the bed | | | \$ 4,54 | \$ 136,20 | | |
| | Rubdown 1 x /day | | | \$ 8,37 | \$ 251,10 | | |
| | Accompany to toilet 1 x /day | | | \$ 8,37 | \$ 251,10 | | |
| | Basin 1 x /day | | | \$ 8,37 | \$ 251,10 | | |
| | Remove and clean earing aid | | | \$ 4,89 | \$ 146,70 | | |
| Sub-total p.3 | | | | | | | |

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Examples of additional care and services

Offered at the resident's choice

| | Daily activities | | | At the apt. | Monthly | Tenant 1 | Tenant 2 | |
|----------|---|---|--------------|--------------------|-----------------------------|-----------------|----------------|--|
| | Wheelchair transport to the dining room (1 x /da | ay) | | \$ 15,88 | \$ 476,4 | 10 | | |
| | Accompany for daily walk (15 min) | | | \$ 15,88 | \$ 476,4 | 10 | | |
| | Visit with resident at the apt. 1x /day (15 min) | | | \$ 15,88 | \$ 476,4 | 10 | | |
| | Care and services sections / Package A | | | | | Tenant 1 | Tenant 2 | |
| | 24/24 regular rounds by attendant staff | 3 | | | | nt | | |
| Ä | Medication control (dispill) and follow-up of med | dical files. | included f | or care department | | | | |
| - ACNAGE | Meal service at dining room | for care departm | ent | | | | | |
| Ž | Weighing at medical office | <u> </u> | | | | | | |
| | - | | | | | | | |
| | Medication control 2x /day | for care departm | ent | | | | | |
| | Total of pack | Total of package | | | | 30 | | |
| | Additional housekeeping | | | | Monthly | Tenant 1 | Tenant 2 | |
| | Additional housekeeping for apt. 11/2 | | | | \$ 25,1 | 2 | | |
| | Additional housekeeping for apt. 21/2 | | | | \$ 33,4 | 19 | | |
| | Additional housekeeping for apt. 31/2 | | | | \$ 35,8 | 39 | | |
| | Additional housekeeping for apt. 41/2 | | | | \$ 41,8 | 37 | | |
| | Bedding and additionnal bath towels laundry | 1 | 1/2 and 21/2 | = \$ 17,59 | 3 ^{1/2} = \$ 18,84 | 41/2 = | \$ 21,36 | |
| | Laundry (machine washing for clothes, no ironing) | | | | \$ 66,5 | 59 | | |
| | Miscellaneous cleaning products excluded (ex: stone & oven cleaning, window washing, fridge of | xcluded ushing, fridge defrost, etc) | | | \$ 43,2 | 20 | | |
| | Miscellaneous cleaning products included (ex: stone & oven cleaning, window washing, fridge of | defrost, etc) | | | \$ 46,5 | 52 | | |
| | Orther | Detail | | | | Tenant 1 | Tenant 2 | |
| | Air conditioning ^A | ccording to | o size | | | Price on d | emand | |
| | Indoor or outdoor parking ^A | ccording to | o size | | | Price on d | emand | |
| | Interior garage for mobility scooter ^A | According to size | | | | Price on demand | | |
| | Storage (locker) ^A | According to size | | | | Price on d | rice on demand | |
| | Appliances and furniture | Details: | | | | Price on demand | | |
| | Appliances and furniture | Details: | | | | Price on demand | | |
| | Appliances and furniture | Details: | | | | Price on demand | | |
| | Appliances and furniture | Details: | | | | Price on demand | | |
| | Other: [| Details: | | | | Price on d | emand | |
| | | | | Sı | ub-total p.4 | | | |

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This grid was developed in accordance with the Article 49 / Annex 19 (Application manual of the regulation on condition for obtaining a certificate of conformity and the operating standards of a private senior's residence.

We invite you to discover the features of each of our residences, along with our various model apartments and activities. Please feel free to visit us in the dining area to taste our various menus, because we love having you over.

^AAvailable in most of our residences