## Examples of additional care and services

## Offered at the resident's choice

In Les Résidences Soleil, we offer you the flexibility to quickly meet your changing needs, in the privacy of your apartment. Our wide variety of treatments and services will allow you to maintain and extend your autonomy as long as possible. We operate using an «À la carte» treatment grid rather than hours of treatment, so you only pay for what you need when you need it. A medical desk and care staff are also on site 24/7 in order to respond, free of charge, to any emergency.

Meal schedule for the dining room, Breakfast: 7:30 am to 9:00 am, Lunch: 11:30 am to 13:00 pm, Supper: 16:30 pm to 18:00 pm									
	Food		Мо	nthly cost	At the apt.	Monthly	Tenant 1	Tenant 2	
	3 meals			\$997,60					
	2 meals			\$899,28					
	1 meal			\$ 505,99					
	Breakfast			\$ 294,96					
	1 meal + Breakfast		\$ 768,58						
	Tray delivered to autonomous or care apart. 1x /day				\$ 9,66	\$ 289,80			
	od order via phone or intercom 1x /day				\$ 1,66	\$ 49,80			
	Reminder for meals via intercom 3x /day	m 3x /day				\$ 115,80			
	Nursing (material and medication not included)	At the		Monthly	At the apt.	Monthly	Tenant 1	Tenant 2	
	Follow-up of medical files and control of dispill/control of INR (anticoagulant medication)					\$ 32,36			
	Medication 1x /day (dispill)	\$ 3,	,80	\$ 114,00	\$ 4,84	\$ 145,09			
	Medication 2x /day(dispill)	\$ 7,	,50	\$ 225,02	\$ 9,58	\$ 287,30			
	Medication 3x /day (dispill)	\$ 11,	,29	\$ 338,66	\$ 14,38	\$ 431,42			
	Medication 4x /day (dispill)	\$ 15,	,08	\$ 452,29	\$ 19,22	\$ 576,52			
	Medication 5x /day (dispill)	\$ 18,	,86	\$ 565,92	\$ 24,02	\$ 720,65			
	Dry dressing (1) with doctor's prescription	\$ 12,	,39	\$ 371,72	\$ 13,42	\$ 402,53			
	Insulin 1x /day	\$ 7,	,29	\$ 218,60	\$ 9,70	\$ 291,15			
	Insulin 2x /day	\$ 14,	,56	\$ 436,88	\$ 19,42	\$ 582,62			
	Insulin 3x /day	\$ 21.	,85	\$ 655,48	\$ 29,13	\$ 873,76			
	Insulin 4x /day	\$ 29	,13	\$873,76	\$ 38,83	\$ 1 164,91			
						Sub-total p.1			

RS-514-WA (07/03/2025)

Price valid from 07/03/2025. Subject to change - This document takes precedence over the preceding ones.

# Examples of additional care and services

### Offered at the resident's choice

Nursing (material and medication not included)	At the office	Monthly	At the apt.	Monthly	Tenant 1	Tenant 2
Glycemia 1 x	\$ 5,30	\$ 158,90	\$ 8,42	\$ 252,63		
Glycemia 2 x	\$ 10,60	\$ 318,11	\$ 16,80	\$ 503,97		
Glycemia 3 x	\$ 15,90	\$ 477,01	\$ 25,20	\$ 755,96		
Glycemia 4 x	\$ 21,21	\$ 636,22	\$ 33,58	\$ 1 007,30		
Glycemia 5 x	\$ 26,49	\$ 794,80	\$ 42,00	\$ 1 259,93		
Pump (inhaler)	\$ 6,88		\$ 9,65			
Cream 1 x /day	\$ 5,51		\$ 7,09			
Eye drops 1x /day	\$ 5,51		\$ 7,09			
Patch per request	\$ 5,51		\$ 9,09			
Stoma care (collerette change)			\$ 23,06			
Change or empty collection bag / each time (bags not included)			\$ 11,02			
B12 preparation/injection (med not included)	\$ 14,56		\$ 18,20			
Enema			\$ 30,97			
Footbath	\$ 7,92		\$ 11,02			
Elastic bandages (put on/take off)			\$ 11,02	\$ 330,63		
Blood pressure (taking)	\$ 7,92		\$ 11,01			
Suppository			\$ 10,92			
Ear washing (medical prescription required)	\$ 16,85		\$ 19,97			
Call Pharmacy for delivery	\$ 7,92					
			S	ub-total p.2		

RS-514-WA (07/03/2025)

Price valid from 07/03/2025. Subject to change - This document takes precedence over the preceding ones.

Because the need may arise at any time, you can schedule a visit every day of the year between 9 a.m. and 5 p.m. even on weekends, with no commitment on your part. You can also request a visit outside regular hours.

# Examples of additional care and services Offered at the resident's choice

Surveillance	At the office	Monthly	At the apt.	Monthly	Tenant 1	Tenant 2
Via intercom			\$ 2,70	\$ 80,89		
Night visit 1x/day			\$ 8,53	\$ 255,84		
Hygiene	At the office	Monthly	At the apt.	Monthly	Tenant 1	Tenant 2
Partial washing			\$ 20,63			
Complete bath 1 x /week (cream, comb, perfume provided by the resident)			\$ 30,97	\$ 134,19		
Therapeutic bath 1 x /week (cream, comb, perfume provided by the resident)	\$ 42,48	\$ 184,08				
Help dressing 1 x /day			\$ 9,92	\$ 297,57		
Help undressing 1 x /day			\$ 9,92	\$ 297,57		
Support stocking (put on and take off)			\$ 15,78	\$ 473,48		
Support stocking ( put on or take off only)			\$ 11,10	\$ 332,88		
Oral hygiene 1 x /day			\$7,22	\$ 216,68		
Beard shaving (electric shaver provided by the resident)			\$ 7,22	\$ 216,68		
Nails hands only (cut and file) Material provided by the resident			\$ 8,50			
Incontinence briefs change 1 x /day (material not	included)		\$ 13,42	\$ 402,53		
Incontinence briefs change 2 x /day (material not	included)		\$ 26,85	\$ 805,39		
Incontinence briefs change 3 x /day (material not included)			\$ 40,25	\$ 1 207,60		
Incontinence briefs change 4 x /day (material not	included)		\$ 53,70	\$ 1 611,10		
Morning routine	At the office	Monthly	At the apt.	Monthly	Tenant 1	Tenant 2
Making bed			\$ 5,18	\$ 155,36		
Accompany to toilet 1 x /day			\$ 8,96	\$ 268,68		
Basin 1 x /day			\$ 8,96	\$ 268,68		
Put on earing aid 1 x /day			\$ 3,64	\$ 109,14		
Empty garbage 1 x /day			\$ 3,64	\$ 109,14		
Night Time routine	At the office	Monthly	At the apt.	Monthly	Tenant 1	Tenant 2
Undoing the bed			\$ 4,86	\$ 145,73		
Rubdown 1 x /day			\$ 8,96	\$ 268,68		
Accompany to toilet 1 x /day			\$ 8,96	\$ 268,68		
Basin 1 x /day			\$ 8,96	\$ 268,68		
Remove and clean earing aid			\$ 5,23	\$ 156,97		
Sub-total p.3						

RS-514-WA (07/03/2025)

Price valid from 07/03/2025. Subject to change - This document takes precedence over the preceding ones.

# Examples of additional care and services

## Offered at the resident's choice

	Daily activities	y activities			<b>t</b> .	Monthly	Tenant 1	Tenant 2
	Wheelchair transport to the dining room (1 x /da	ay)	\$ 16,9	9	\$ 509,75	;		
	Accompany for daily walk (15 min)	ompany for daily walk (15 min)			9	\$ 509,75	5	
	Visit with resident at the apt. 1x /day (15 min)	sit with resident at the apt. 1x /day (15 min)			9	\$ 509,75	5	
	Care and services sections / Package A					Tenant 1	Tenant 2	
	24/24 regular rounds by attendant staff			included for care departmen			t	
1	Medication control (dispill) and follow-up of med	dical files.	included 1	for care departi				
	Meal service at dining room		included 1	for care departi	r care department			
	Weighing at medical office	-		for care departi				
	Evening snack			for care departi	<u> </u>			
	Medication control 2x /day		included 1	for care depart				
	Total of packa		\$ 928,01					
	Additional housekeeping				M	onthly	Tenant 1	Tenant 2
	Additional housekeeping for apt. 11/2					\$ 26,25	;	
	Additional housekeeping for apt. 21/2					\$ 35,00	)	
	Additional housekeeping for apt. 31/2	onal housekeeping for apt. 31/2						
	Additional housekeeping for apt. 4 <sup>1/2</sup>				\$ 43,75	5		
	Bedding and additionnal bath towels laundry	1	1/2 and 21/2	= \$ 18,38	31/2 =	\$ 19,69	41/2 = \$	22,86
	Laundry (machine washing for clothes, no ironing)				\$ 69,59	)		
	Miscellaneous cleaning products <b>excluded</b> (ex: stone & oven cleaning, window washing, fridge d	cellaneous cleaning products <b>excluded</b> stone & oven cleaning, window washing, fridge defrost, etc)				\$ 51,50		
	Miscellaneous cleaning products <b>included</b> (ex: stone & oven cleaning, window washing, fridge d	cellaneous cleaning products <b>included</b> stone & oven cleaning, window washing, fridge defrost, etc)						
	Orther	Detail				1	enant 1	Tenant 2
	Air conditioning <sup>A</sup>	ccording to	size			F	Price on de	emand
	Indoor or outdoor parking <sup>A</sup> A	ccording to	size			F	Price on demand	
	Interior garage for mobility scooter <sup>A</sup>	According to size				F	Price on demand	
	Storage (locker) <sup>A</sup>	According to size				F	Price on demand	
	Appliances and furniture	Details:				F	Price on demand	
	Appliances and furniture	Details:				F	Price on demand	
	Appliances and furniture	Details:				F	Price on demand	
	Appliances and furniture	Details:				F	Price on demand	
	Other:	Details:				F	Price on de	emand
					Sub-to	tal p.4		

RS-514-WA (07/03/2025)

Price valid from 07/03/2025. Subject to change - This document takes precedence over the preceding ones.

This grid was developed in accordance with the Article 49 / Annex 19 (Application manual of the regulation on condition for obtaining a certificate of conformity and the operating standards of a private senior's residence.

We invite you to discover the features of each of our residences, along with our various model apartments and activities. Please feel free to visit us in the dining area to taste our various menus, because we love having you over.

<sup>&</sup>lt;sup>A</sup>Available in most of our residences