

# Examples of additional care and services

## Offered at the resident's choice

In Les Résidences Soleil, we offer you the flexibility to quickly meet your changing needs, in the privacy of your apartment. Our wide variety of treatments and services will allow you to maintain and extend your autonomy as long as possible. We operate using an «À la carte» treatment grid rather than hours of treatment, so you only pay for what you need when you need it. A medical desk and care staff are also on site 24/7 in order to respond, free of charge, to any emergency.

Meal schedule for the dining room, Breakfast: 7:30 am to 9:00 am, Lunch: 11:30 am to 13:00 pm, Supper: 16:30 pm to 18:00 pm						
Food	Monthly cost	At the apt.	Monthly	Tenant 1	Tenant 2	
<input type="checkbox"/> 3 meals	\$ 1047,49					
<input type="checkbox"/> 2 meals	\$ 944,24					
<input type="checkbox"/> 1 meal	\$ 531,27					
<input type="checkbox"/> Breakfast	\$ 309,71					
<input type="checkbox"/> 1 meal + Breakfast	\$ 807,01					
<input type="checkbox"/> Tray delivered to autonomous or care apart. 1x /day		\$ 9,95	\$ 298,50			
<input type="checkbox"/> Food order via phone or intercom 1x /day		\$ 1,71	\$ 51,30			
<input type="checkbox"/> Reminder for meals via intercom 3x /day		\$ 3,98	\$ 119,40			
Nursing (material and medication not included)	At the office	Monthly	At the apt.	Monthly	Tenant 1	Tenant 2
<input type="checkbox"/> Follow-up of medical files and control of dispill/ control of INR (anticoagulant medication)				\$ 34,63		
<input type="checkbox"/> Medication 1x /day (dispill)	\$ 4,07	\$ 122,10	\$ 5,18	\$ 155,40		
<input type="checkbox"/> Medication 2x /day (dispill)	\$ 8,03	\$ 240,90	\$ 10,25	\$ 307,50		
<input type="checkbox"/> Medication 3x /day (dispill)	\$ 12,08	\$ 362,40	\$ 15,39	\$ 461,70		
<input type="checkbox"/> Medication 4x /day (dispill)	\$ 16,14	\$ 484,20	\$ 20,57	\$ 617,10		
<input type="checkbox"/> Medication 5x /day (dispill)	\$ 20,18	\$ 605,40	\$ 25,70	\$ 771,00		
<input type="checkbox"/> Dry dressing (1) with doctor's prescription	\$ 13,26	\$ 397,80	\$ 14,36	\$ 430,80		
<input type="checkbox"/> Insulin 1x /day	\$ 7,80	\$ 234,00	\$ 10,38	\$ 311,40		
<input type="checkbox"/> Insulin 2x /day	\$ 15,58	\$ 467,40	\$ 20,78	\$ 623,40		
<input type="checkbox"/> Insulin 3x /day	\$ 23,38	\$ 701,40	\$ 31,17	\$ 935,10		
<input type="checkbox"/> Insulin 4x /day	\$ 31,17	\$ 935,10	\$ 41,55	\$ 1 246,50		
				<b>Sub-total p.1</b>		

RS-514 (27/11/2025)

Price valid from 01/01/2026. Subject to change - This document takes precedence over the preceding ones.

At Les Résidences Soleil, we serve meals freshly cooked on site by our chefs and their team every day of the year. Our seasonal menus are all composed of 5 distinct weeks, offering a very wide variety of choices.

# Examples of additional care and services

## Offered at the resident's choice

	Nursing (material and medication not included)	At the office	Monthly	At the apt.	Monthly	Tenant 1	Tenant 2
<input type="checkbox"/>	Glycemia 1 x	\$ 5,67	\$ 170,10	\$ 9,01	\$ 270,30		
<input type="checkbox"/>	Glycemia 2 x	\$ 11,34	\$ 340,20	\$ 17,98	\$ 539,40		
<input type="checkbox"/>	Glycemia 3 x	\$ 17,01	\$ 510,30	\$ 26,96	\$ 808,80		
<input type="checkbox"/>	Glycemia 4 x	\$ 22,70	\$ 681,00	\$ 35,93	\$ 1 077,90		
<input type="checkbox"/>	Glycemia 5 x	\$ 28,34	\$ 850,20	\$ 44,94	\$ 1 348,20		
<input type="checkbox"/>	Pump (inhaler)	\$ 7,36		\$ 10,33			
<input type="checkbox"/>	Cream 1 x /day	\$ 5,90		\$ 7,59			
<input type="checkbox"/>	Eye drops 1x /day	\$ 5,90		\$ 7,59			
<input type="checkbox"/>	Patch per request	\$ 5,90		\$ 7,59			
<input type="checkbox"/>	Stoma care (collerette change)			\$ 24,67			
<input type="checkbox"/>	Change or empty collection bag / each time (bags not included)			\$ 11,79			
<input type="checkbox"/>	B12 preparation/injection (med not included)	\$ 15,78		\$ 19,47			
<input type="checkbox"/>	Enema			\$ 33,14			
<input type="checkbox"/>	Footbath	\$ 8,47		\$ 11,79			
<input type="checkbox"/>	Elastic bandages (put on/take off)			\$ 11,79	\$ 353,70		
<input type="checkbox"/>	Blood pressure (taking)	\$ 8,47		\$ 11,78			
<input type="checkbox"/>	Suppository			\$ 11,68			
<input type="checkbox"/>	Ear washing (medical prescription required)	\$ 18,03		\$ 21,37			
<input type="checkbox"/>	Call Pharmacy for delivery	\$ 8,47					
<b>Sub-total p.2</b>							

RS-514 (27/11/2025)

Price valid from 01/01/2026. Subject to change - This document takes precedence over the preceding ones.

Because the need may arise at any time, you can schedule a visit every day of the year between 9 a.m. and 5 p.m. even on weekends, with no commitment on your part. You can also request a visit outside regular hours.

# Examples of additional care and services

## Offered at the resident's choice

Surveillance		At the office	Monthly	At the apt.	Monthly	Tenant 1	Tenant 2
<input type="checkbox"/>	Via intercom			\$ 2,89	\$ 86,70		
<input type="checkbox"/>	Night visit 1x/day			\$ 9,13	\$ 273,90		
Hygiene		At the office	Monthly	At the apt.	Monthly	Tenant 1	Tenant 2
<input type="checkbox"/>	Partial washing			\$ 22,07			
<input type="checkbox"/>	Complete bath 1 x /week (cream, comb, perfume provided by the resident)			\$ 33,14	\$ 143,61		
<input type="checkbox"/>	Therapeutic bath 1 x /week (cream, comb, perfume provided by the resident)	\$ 45,45	\$ 196,95				
<input type="checkbox"/>	Help dressing 1 x /day			\$ 10,61	\$ 318,30		
<input type="checkbox"/>	Help undressing 1 x /day			\$ 10,61	\$ 318,30		
<input type="checkbox"/>	Support stocking (put on and take off)			\$ 16,89	\$ 506,70		
<input type="checkbox"/>	Support stocking ( put on or take off only)			\$ 11,88	\$ 356,40		
<input type="checkbox"/>	Oral hygiene 1 x /day			\$ 7,73	\$ 231,90		
<input type="checkbox"/>	Beard shaving (electric shaver provided by the resident)			\$ 7,73	\$ 231,90		
<input type="checkbox"/>	Nails hands only (cut and file) Material provided by the resident			\$ 9,10			
<input type="checkbox"/>	Incontinence briefs change 1 x /day (material not included)			\$ 14,36	\$ 430,80		
<input type="checkbox"/>	Incontinence briefs change 2 x /day (material not included)			\$ 28,73	\$ 861,90		
<input type="checkbox"/>	Incontinence briefs change 3 x /day (material not included)			\$ 43,07	\$ 1 292,10		
<input type="checkbox"/>	Incontinence briefs change 4 x /day (material not included)			\$ 57,46	\$ 1 723,80		
Morning routine		At the office	Monthly	At the apt.	Monthly	Tenant 1	Tenant 2
<input type="checkbox"/>	Making bed			\$ 5,54	\$ 166,20		
<input type="checkbox"/>	Accompany to toilet 1 x /day			\$ 9,59	\$ 287,70		
<input type="checkbox"/>	Basin 1 x /day			\$ 9,59	\$ 278,70		
<input type="checkbox"/>	Put on earing aid 1 x /day			\$ 3,90	\$ 117,00		
<input type="checkbox"/>	Empty garbage 1 x /day			\$ 3,90	\$ 117,00		
Night Time routine		At the office	Monthly	At the apt.	Monthly	Tenant 1	Tenant 2
<input type="checkbox"/>	Undoing the bed			\$ 5,20	\$ 156,00		
<input type="checkbox"/>	Rubdown 1 x /day			\$ 9,59	\$ 287,70		
<input type="checkbox"/>	Accompany to toilet 1 x /day			\$ 9,59	\$ 287,70		
<input type="checkbox"/>	Basin 1 x /day			\$ 9,59	\$ 287,70		
<input type="checkbox"/>	Remove and clean earing aid			\$ 5,60	\$ 168,00		
<b>Sub-total p.3</b>							

RS-514 (27/11/2025)

Price valid from 01/01/2026. Subject to change - This document takes precedence over the preceding ones.

*Les Résidences Soleil* living environments are made to be a family oriented, safe, evolving, affordable and fulfilling for young retirees and for autonomous and semi-autonomous seniors.

# Examples of additional care and services

## Offered at the resident's choice

Daily activities		At the apt.	Monthly	Tenant 1	Tenant 2
<input type="checkbox"/>	Wheelchair transport to the dining room (1 x /day)	\$ 18,18	\$ 545,40		
<input type="checkbox"/>	Accompany for daily walk (15 min)	\$ 18,18	\$ 545,40		
<input type="checkbox"/>	Visit with resident at the apt. 1x /day (15 min)	\$ 18,18	\$ 545,40		
<b>PACKAGE</b>	Care and services sections / Package <sup>A</sup>			Tenant 1	Tenant 2
	24/24 regular rounds by attendant staff		included for care department		
	Medication control (dispill) and follow-up of medical files.		included for care department		
	Meal service at dining room		included for care department		
	Weighing at medical office		included for care department		
	Evening snack		included for care department		
	Medication control 2x /day		included for care department		
<input type="checkbox"/>	<b>Total of package</b>		\$ 992,97		
Additional housekeeping			Monthly	Tenant 1	Tenant 2
<input type="checkbox"/>	Additional housekeeping for apt. 1 <sup>1/2</sup>		\$ 28,22		
<input type="checkbox"/>	Additional housekeeping for apt. 2 <sup>1/2</sup>		\$ 37,63		
<input type="checkbox"/>	Additional housekeeping for apt. 3 <sup>1/2</sup>		\$ 40,32		
<input type="checkbox"/>	Additional housekeeping for apt. 4 <sup>1/2</sup>		\$ 47,03		
<input type="checkbox"/>	Bedding and additionnal bath towels laundry	1 <sup>1/2</sup> et 2 <sup>1/2</sup> = \$ 19,76	3 <sup>1/2</sup> = \$ 21,17	4 <sup>1/2</sup> = \$ 24,57	
<input type="checkbox"/>	Laundry (machine washing for clothes, no ironing)		\$ 74,81		
<input type="checkbox"/>	Miscellaneous cleaning products <b>excluded</b> (ex: stone & oven cleaning, window washing, fridge defrost, etc)		\$ 55,36		
<input type="checkbox"/>	Miscellaneous cleaning products <b>included</b> (ex: stone & oven cleaning, window washing, fridge defrost, etc)		\$ 52,26		
Orther	Detail			Tenant 1	Tenant 2
<input type="checkbox"/>	Air conditioning <sup>A</sup>	According to size		Price on demand	
<input type="checkbox"/>	Indoor or outdoor parking <sup>A</sup>	According to size		Price on demand	
<input type="checkbox"/>	Interior garage for mobility scooter <sup>A</sup>	According to size		Price on demand	
<input type="checkbox"/>	Storage (locker) <sup>A</sup>	According to size		Price on demand	
<input type="checkbox"/>	Appliances and furniture	Details :		Price on demand	
<input type="checkbox"/>	Appliances and furniture	Details :		Price on demand	
<input type="checkbox"/>	Appliances and furniture	Details :		Price on demand	
<input type="checkbox"/>	Appliances and furniture	Details :		Price on demand	
<input type="checkbox"/>	Other :	Details :		Price on demand	
<b>Sub-total p.4</b>					

RS-514 (27/11/2025)

Price valid from 01/01/2026. Subject to change - This document takes precedence over the preceding ones.

This grid was developed in accordance with the Article 49 / Annex 19 ( Application manual of the regulation on condition for obtaining a certificate of conformity and the operating standards of a private senior's residence.

<sup>A</sup>Available in most of our residences

We invite you to discover the features of each of our residences, along with our various model apartments and activities. Please feel free to visit us in the dining area to taste our various menus, because we love having you over.